

One Step to Freedom
Chapter 2: Initial Recovery

Lesson 3 Part 2
Putting Off and Putting On

God wants to put our old nature (the sinful flesh) out of business. As a Christian, God wants us to go forward in the power of His Spirit, with an obedient heart in the new nature (as a child of His walking according to His Spirit). We can be renewed in the Spirit of our minds (Ephesians 4:23) by disciplining ourselves to study the Bible, pray throughout the day, and to be actively involved in the church where we fellowship.

Read 2 Corinthians 5:17.

1. Write in your own words what verse 17 means to you.

It is important that we desire to walk in our new nature. If we put God first in our lives on a daily basis, all the sins of the past will begin to fade away.

2. With biblical insight from these Scriptures, how do you as a Christian view your drug and alcohol problems now? Pray and ask the Lord to reveal your feelings of heart in these matters.

God has spoken and it is clear. He wants us to put off our old man and its sinful way (drugs and alcohol abuse) and put on the new man who is raised victoriously in Christ. He is faithful and He will empower you by His Spirit to do so!