

One Step to Freedom
Chapter 2: Initial Recovery

Lesson 4
God Loves You

“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life” (John 3:16).

God wants us to begin to see things in the spiritual realm. That is why He encourages us to seek the things above (spiritual), rather than the things here on earth (physical). In order for God’s Spirit to work and to help you do this, you need to be disciplined and obedient to God’s will in your life. Our old man does not die easily. The things of this world will pass away, but not the one who does God’s will (1 John 2:17).

If you abide in God’s Word, you will completely quit using drugs and/or alcohol, and you will lose all the desire to use them. It is a struggle, but the Lord will help you win if you are obedient and trust in Him.

Read Joshua 1:8-9.

1. What does God tell us to meditate on (think about) day and night (verse 8)?

2. What should we do as a result of meditating on His Word?

3. What does God promise if we meditate on His Word (verse 8)?

4. What does God tell us in verse 9?

5. What kind of strength and confidence should this give us in the face of possible future temptations with drugs and alcohol?

6. Read Matthew 7:21. What warning does Jesus give in this verse?

7. Who does Jesus say will enter the kingdom of heaven?

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8. Read Acts 5:29. Why do you think we need to obey God above all others?

9. Read 2 Corinthians 5:9-11. Who must appear before the judgment seat of Christ (verse 10)?

10. In view of this, what should be our aim in life (verse 9)?

God loves you (John 3:16)! You can trust in God. He is not ever going to ask you to do something that is not in your best interest. It is important for you to realize that God is perfect; God is love, and God created you so He could show you His perfect love! All He really desires is that we love Him back (Matthew 22:36-37).

Being obedient to God's will in our lives is a way we can show God we love Him and thank Him for all that He has done for us. Remember, God desires and empowers you to be completely delivered from the sins of drugs and alcohol abuse. If you look to Him and obey Him, it will happen.