

One Step to Freedom
Chapter 5: Spiritual Warfare

Lesson 1
What Is Spiritual Warfare?

“For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places” (Ephesians 6:12).

In this lesson, we want to clarify what spiritual warfare is and how it relates to those who are overcoming drug and alcohol problems through God’s grace. The following are the most commonly asked questions and answers concerning the subject of spiritual warfare.

1. What is spiritual warfare?

Spiritual warfare is an everyday struggle between the Devil and his fallen angels (demons) and God, His angels, and His people (Christians).

2. Why is there spiritual warfare?

The object of spiritual warfare is to steal, kill, and destroy a human soul eternally (John 10:10, Matthew 10:28). All men will live eternally, either with God in His kingdom (heaven), or with Satan and his fallen angels in the place prepared for them, the lake of fire (hell).

3. Who are involved in spiritual warfare and are aware of it?

God, His angels, Christians, Satan, and Satan’s fallen angels.

4. Who is not aware of spiritual warfare?

Everyone who is not “born again” of God’s Spirit through faith in Jesus Christ. Note: It is possible that a non-believer may hear about spiritual warfare, but unless they were born again, it would make little or no sense to them (1 Corinthians 2:6-16).

5. Can a believer truly love and serve Jesus and not be involved in spiritual warfare?

No! The moment you become a child of God, your life is no longer your own (Ephesians 4:22-24). You become a soldier in the Lord’s army (2 Timothy 2:3).

6. What should a believer’s attitude be toward spiritual warfare?

Positive! Winning souls for the kingdom of God is the number one priority of God. It is also the great commission of all true Christians. God has given you His Spirit so you can understand (1 Timothy 2:4, 2 Peter 3:9 and Matthew 28:18-20).

One Step to Freedom
Chapter 5: Spiritual Warfare

1. Read 1 John 5:18-19. Whom can the wicked one (Satan) not touch?

2. Who lies under Satan's sway (control and power)?

3. Read 2 Corinthians 4:3-4. From whom is the gospel hidden or veiled?

4. How is it hidden from them?

5. Why does Satan blind them?

(Note: The god of this age is a reference to Satan. There are many false gods, of which Satan is one; but there is only one true God—our Lord!)

6. Read 2 Timothy 2:23-26. What must believers avoid (verse 23)?

7. What must a servant of the Lord do (verse 24)?

8. How are we to correct those who are blinded (verse 25)?

9. Who has taken captive every non-believer (verse 26)?

These are facts. It is by the grace of God that we have escaped the snare of the Devil and have come to the knowledge of Jesus Christ. Praise the Lord for His mercy! As a believer in Christ, it is important to see things as God does.

It is even more important to understand and realize that we are always victorious through Jesus. It is by His grace that we stand. Satan cannot touch us (1 John 5:18). However, Satan can try many different tactics to discourage us and distract us from the plans God has for our lives. This is what we will study in the lessons to come.

*“But the Lord is faithful, who will establish you and guard you from the evil one”
(2 Thessalonians 3:3).*