

One Step to Freedom
Chapter 7: God's Faithfulness

Lesson 1
Temptations

“No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it” (1 Corinthians 10:13).

For many people, victory over certain sins seems to be just an unattainable dream. Some people see themselves as helpless without drugs and alcohol, while others see themselves as being too weak to overcome the grasp that drugs and alcohol have on their lives.

To the person who does not know Jesus as their personal Savior, there is reason for despair. There is little hope they can overcome such powers of darkness. However, to the one whose righteousness is in Jesus, there is real hope—for that hope is in Jesus and His power, not in our weak and sinful flesh.

Open your Bible and look at some wonderful promises God has made to each one of us personally.

Read 1 Corinthians 10:13.

1. What is the common link of all temptations?

2. Who will not allow you to be tempted beyond what you are able?

3. What is provided with the temptations we face?

4. On whose faithfulness is this promise that guarantees absolute victory over sin?

5. What does this promise mean to you concerning your drug and alcohol problem?

God understands and knows our temptations. Jesus Himself was tempted on many occasions, but never sinned. He can comfort and deliver us when we are tempted.

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Read Hebrews 2:17-18. (Note: Starting in verse 17, "He" is in reference to Jesus.)

6. Why did Jesus have to be made like us?

7. How can we be sure that Jesus understands our temptations?

8. Looking ahead to tomorrow, what temptations might you face?

Read James 4:7.

9. Write in your own words what this verse tells you to do when you are faced with temptations.

Remember, the promises of victory are based on God's faithfulness!