

One Step to Freedom
Chapter 7: God's Faithfulness

Lesson 4
Building One Another Up

"... for the equipping of the saints, for the work of ministry, for the edifying of the body of Christ" (Ephesians 4:12).

"... from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love" (Ephesians 4:16).

As we grow in Christ, we begin to get a spiritual understanding of God's faithfulness to us in not allowing us to be tempted beyond what we are able. As we realize that all temptation is common to man, we then understand that we are all in this together.

Therefore, it is important that we encourage one another in our spiritual life with Christ. Jesus said, "Narrow is the gate and difficult is the way which leads to life, and there are few who find it" (Matthew 7:14). We need to build one another up and help each other finish the race God has set before us.

1. Read Hebrews 10:24-25. In verse 25, "the day" is a reference to the return of Jesus for His people. Who are we to consider in verse 24, and why?

2. What shouldn't we forsake?

3. According to Hebrews 10:25, what should we do for one another?

4. Read 1 Corinthians 12:25-27. In verse 25, "the body" refers to the church of Jesus Christ. What should not be in the church?

5. What should we have for one another?

6. Why should we all suffer and rejoice together?

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7. Why do you think it is so important to encourage one another to overcome the temptations we are all battling?

8. Read James 5:15 and 16. What can happen to our physical and mental health if we fail to confess our sins?

9. According to Philippians 4:13, what is the only answer to all the problems in this world?

10. According to Galatians 6:2, what should be our attitude toward each other?

11. What does God say about our problems in 1 Corinthians 10:13 and Ephesians 4:16?

12. By God's standards, how are we qualified to help others? See 2 Corinthians 1:4.

13. According to Ephesians 4:16, what will help the church return to doing the work, power and authority that it should have?

It is important to understand that we have never encountered any temptation that is not common to man. We are all in this together. We need to encourage each other to trust in Jesus.

Is there anyone you know who might need a word of godly encouragement today? If so, ask God for sensitivity and encourage them in the love of Christ!

Write their name and a prayer:
