

One Step to Freedom
Chapter 7: God's Faithfulness

Lesson 5
God Is Our Strength

"I will love You, O LORD, my strength. The LORD is my rock and my fortress and my deliverer; my God, my strength, in whom I will trust; my shield and the horn of my salvation, my stronghold. I will call upon the LORD, who is worthy to be praised; so shall I be saved from my enemies" (Psalms 18:1-3).

It is important for us to understand God's plan on how to deliver us from tempting sins—including drug and alcohol abuse. We need to look to God for our strength, not to ourselves, for in doing so we see His faithfulness to deliver. Remember, He hears and delivers all who call upon Him (Romans 10:13).

1. Read Psalm 18:1-3. According to verse 1, who is our strength?

2. What is the Lord to those who believe and trust in Him?

3. What is the key to being delivered from our enemies?

4. We have already studied the relationship of alcohol and drug abuse to the forces of the demonic realm. Therefore, would you agree that drugs and alcohol are your enemies?

5. What then should you do next time you are tempted? What will God do?

6. Who is our real hope in times of trouble and our certain hope in time of despair?

7. Read Titus 2:13-14. What has God promised and delivered?

8. In whom do we realize this redemption?

9. What makes God's promises unique?

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10. What three words of certainty are found in 1 Corinthians 10:13, 2 Thessalonians 3:3, 2 Timothy 2:13, Hebrews 10:23, and Revelation 1:5?

11. Why is setting our hopes on man a common cause of past failures?

12. Though your problems may not disappear right away, what will happen immediately to your attitude toward them when you trust in God?

13. What should we do with our self-pity, excuses and rationalizations?

14. Read 1 Peter 5:7 and write it here.

Reading something and understanding it is easy. Believing it and applying it to your life is crucial for victory. If you are sensitive to the Lord and the guiding work of His Spirit, you can and will be delivered, because faithful is He who promised it!